During this Coronavirus COVID-19 pandemic the Hopi Tribe has issued executive orders to ensure the safety of all Hopi/Tewa members to take preventative measures to keep themselves and their families safe and informed of the latest-breaking information on the COVID-19 Pandemic.

The Hopi Department of Health & Human Services is committed to the health and well-bring of the Hopi/Tewa People. The Department has seven separate programs funded by various agencies. With headquarters in Kykotsmovi. The Department of Health delivers a variety of health services in the areas of nutrition, aging, substance abuse, outreach, and emergency medical services, working in close partnership with state, federal, and local partners.

To comply with executive orders the Department's programs will have limited services and will have access to messaging services and will keep in contact with the clients they serve. Please do not hesitate to reach out and contact our programs for services they continue to offer.

- Office of Aging & Adult Services (928) 734-3551
- Public Health Compliance & Small Animal Control Program (928) 734-3403
- Hopi Cancer Support Services (928) 734-1151
- Hopi Wellness Center (929) 734-3432
- Community Health Representatives (928) 737-6342 or contact the Hopi Health Care Center for health symptoms questions at (928) 737-6351
 - Great Beginnings for Healthy Native Smiles
- Non-Emergency Medical Transportation Services (928) 737-6351
- Women, Infants and Children (WIC) Program 1-800-360-6150

All members of the Hopi Reservation community should take the following precautions to protect themselves from respiratory illnesses, such as COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Use a bleach-and-water solution (0.1% solution; 1:50 dilution) or disinfectant with a label that says "EPA approved" for killing bacteria and viruses. Always follow directions on product labels.

If you traveled to areas currently affected by COVID-19 and feel sick with fever, cough, or difficulty breathing, you should:

- Stay at home and avoid contact with others until 72 hours after fever is gone and symptoms of acute infection resolve. Most people are able to recover at home without medical care.
- If you need to seek medical care right away, **call ahead** before you go to a doctor's office or emergency room and tell them about your recent travel and your symptoms.
- Avoid travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

• Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

All individuals returning from areas with substantial community spread should follow the <u>Arizona</u> <u>Guidance for Returned Travelers</u>, travel directly to their place of isolation or self-quarantine, and only leave that location for essential activities.

Mission Statement

Our Mission Statement will continue to commitment to advocate, educate, inform and promote healthy holistic life styles, incorporating culturally appropriate values and health concepts within our communities. Through this mission we hope to empower our tribal members to take personal responsibility for their own health. It is our strong belief and commitment that we will support one another through collaboration, coordination and communication at all levels with respect to one another.

Through this process, we hope to reach each and every one of you, our community members, to provide the necessary assistance in order for you to reach a healthy state and to make a commitment to stay healthy. Together, we can work to accomplish this important aspect in our lives to have a healthy community.

As a team, it is important for each of us to coordinate care by working with various agencies and amongst our programs. We encourage you to reach out to our programs for any necessary assistance you may need and to support these programs in their program activities.

You may contact the department by emailing me Royce M. Jenkins, Director, Department of Health & human Services at rjenkins@hopi.nsn.us or by calling (928) 734-3401. We look forward to continue working with you.

Indian Health Service Statement, as of April 14, 2020

At this time, the Hopi Health Care Center informed The Hopi Tribe and Department of Health & Human Services of the 16 confirmed cases of novel coronavirus 2019 (COVID-19) tested at the Hopi Health Care Center. This is information does not include additional information such as if the positive cases are Hopi/Tewa tribal members or if they reside on the Hopi Reservation. Please note the Hopi Health Care Center services Hopi/Tewa as well communities boarding the Hopi Reservation.

As of April 14h, 2020				
Hopi Health Care Center, Polacca Arizona				
Number Tested Today	Cumulative Number Positive	Cumulative Number Negative	Total Number in Process	TOTAL TESTED
11 (8)	16 (15)	42 (40)	16 (10)	75* (66*)

^{*} One patient test was cancelled.

This is a rapidly evolving situation, and information is likely to become dated quickly. We encourage everyone to periodically review the Centers for Disease Control and Prevention's COVID-19 webpage: https://www.cdc.gov/coronavirus/2019-ncov/index.html for the most recent updates, including Frequently Asked Questions and Answers: https://www.cdc.gov/coronavirus/2019-ncov/faq.html

The Indian Health Service (HIS) will continue to follow our normal policies and procedures for evaluation and treatment of respiratory illnesses. If a patient comes under evaluation for COVID-19, IHS would coordinate with local, state, and/or tribal public health departments immediately. While any direct impacts of this outbreak to Indian Country are not yet known, we must be vigilant in our efforts to prevent the introduction and spread of infections among our patients and within the communities we serve. The federal government is working closely with state, local, tribal, and territorial partners, as well as public health partners, to respond to this public health threat.